

| Year 6 PSHE - DREAMS AND GOALS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                     |                                                                                      |
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| STICKY KNOWLEDGE ABOUT DREAMS AND GOALS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | SOCIAL AND EMOTIONAL SKILLS                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | KEY VOCABULARY      |                                                                                      |
| <ul style="list-style-type: none"> <li>-Know their own learning strengths.</li> <li>-Know how to set realistic and challenging goals.</li> <li>-Know what the learning steps are they need to take to achieve their goal.</li> <li>-Know a variety of problems that the world is facing.</li> <li>-Know how to work with other people to make the world a better place.</li> <li>-Know some ways in which they could work with others to make the world a better place.</li> <li>-Know what their classmates like and admire about them.</li> </ul> | <ul style="list-style-type: none"> <li>-Understand why it is important to stretch the boundaries of their current learning.</li> <li>-Set success criteria so that they know when they have achieved their goal.</li> <li>- Recognise the emotions they experience when they consider people in the world who are suffering or living in difficult circumstances.</li> <li>-Empathise with people who are suffering or living in difficult situations</li> <li>-Be able to give praise and compliments to other people when they recognise that person's achievements.</li> </ul>                                           | <b>Dream</b>        | A cherished aspiration, ambition, or ideal.                                          |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Hope</b>         | A feeling of expectation and desire for a particular thing to happen.                |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Goal</b>         | The object of a person's ambition or effort; an aim or desired result.               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Achievement</b>  | A thing done successfully with effort, skill, or courage.                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Personal</b>     | Concerning a person's private life, relationships, and emotions                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Realistic</b>    | Having or showing a sensible and practical idea of what can be achieved or expected. |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Unrealistic</b>  | Inaccurate to fact or reality.                                                       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Global Issue</b> | A matter of public concern worldwide.                                                |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Suffering</b>    | The state of undergoing pain, distress, or hardship.                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Concern</b>      | A matter of interest or importance to someone.                                       |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | QUESTIONS FOR FAMILY LEARNING                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                     |                                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <ul style="list-style-type: none"> <li>What are your learning strengths?</li> <li>What goal have you set at school?</li> <li>What goal have you set for home?</li> <li>How can I help you achieve your goals?</li> <li>What problems in the world are you worried about?</li> <li>Is there anything we can do to help?</li> <li>What do you think your classmates admire and like about you?</li> <li>What do you think your family admire and like about you?</li> <li>What do you admire about other people?</li> <li>Do you have any role models?</li> <li>Does calm Me time help you regulate your emotions?</li> </ul> |                     |                                                                                      |

