



Triple P Parenting Program

Feel like you cannot take anymore?

Well, you are NOT alone!

Triple P looks at ways we can manage some of our children's common behaviour problems and how we, as parents, can promote and support their development.

Small changes can make big differences!



The programme aims are to:

- Focus on using positive re-enforcement
- Offer strategies on managing behaviour
- Give a number of different strategies for parents to be able to use practically

Courses starting: Monday 16th January 2023, 10:30am-12pm

Monday 6th March 2023, 1pm-2:30pm

Each course will run for 5 weeks at North Campus, Smithills Dean Rd, Bolton, BL1 6JT.

To book a place please email Behaviour Support Service

behavioursupportservice@bolton.gov.uk

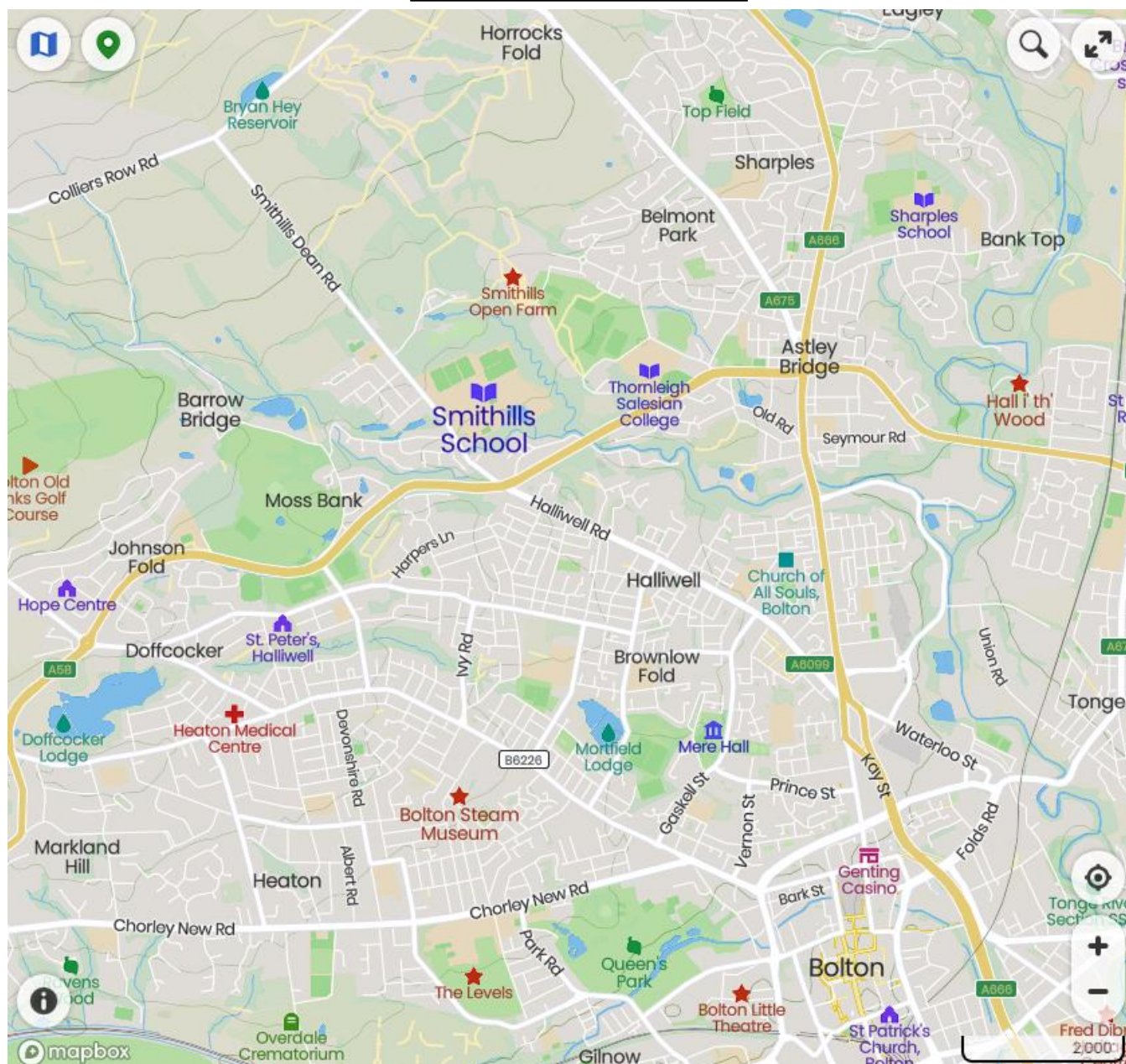
with your name, child(ren)'s name(s), your contact number and email address and the child's school.

Or contact us on 01204 338133 for any further information.

**Bolton
Council**



Finding Behaviour Support



Follow the map above and head for Smithills School, then take the **second turning** after the school loop, signposted 'Bolton Impact Trust – Youth Challenge'.

Park in the **third** car park on your right and walk down the steps in the top right-hand corner to a green gate – then call Dave on 07789 031753 or Kath on 07786 660934, who will come to get you just as soon as they can!

