



Wellbeing Award for Schools (WAS)- October 21 to October 22

Vision

The wellbeing of all members of St Mary's CEP School (including staff, pupils, parents and Governors) is fundamental to our Christian values and ethos of valuing everyone, caring for each other and providing a safe, nurturing environment. At St Mary's, we work together as a school community, with staff, pupils and parents, in a supportive, stimulating and challenging environment to maximise opportunities and achievements for all. We focus on changing the long-term culture of our school and embedding an ethos where wellbeing and mental health is the responsibility of all.

Strategy overview

Stakeholder group	Question	Baseline score	You said...	We did...	Review score	You said...	We did.....
Pupils	I know about the wellbeing award.	3.8	We could talk about worries more. Assembly. We would like to talk about it more.	Ambassador assemblies are done regularly. Newsletter section written by Ambassadors	4.5	I met the worry people. They introduced more activities and workshops based on the award. If we had more work on wellbeing.	The Wellbeing Ambassadors continue to work hard to support their peers. Mental Health week will be held in February 23. The Ambassadors are looking at the possibility of a Wellbeing club.

						We could have some kind of club and give it to the people that need it can be about worries, Wellbeing etc. This could be better if we all made friends and we told all the truth and did not panic about what you are	
	We learn to talk about feelings and emotions	4.4	Privacy to talk. More places available.	Ambassador training has been delivered. Worry boxes in each class.	4.6	The wellbeing team always come.	The Ambassadors continue to be proactive and support their peers.
	I can make a difference if someone feels worried or unhappy.	4.4	This could be better if we could be excused to talk to our classmates. When I tried to help a fellow student, I had to do it in the toilets. Also we feel more comfortable talking to our classmates and teachers just barge in (no offence) before we can talk.	Wellbeing Ambassadors in school. Wellbeing Ambassador area being developed along with appointment system. Children have access to worry boxes in class.	4.4	We had charts to see how we are feeling. People will make them happy instead of walking past. Tell teachers how they feel	Classes check in system in the mornings. Pupils are encouraged to share their worries, feelings and emotions. By doing this , we are getting the message across that some problems can be resolved when shared.

				Dedicated Ambassador area and appointment system being developed.			
	My school cares about how I am feeling.	4.6	Teachers show respect and there are more teachers to talk to.	Continued CPD for staff.	4.6	They could listen to us. I can hide my emotions. If people were more supportive	We encourage the children to share their feelings and emotions using the worry boxes and also to see the wellbeing champion. The worry boxes hopefully support the children who are shy and find it difficult to approach adults in school.
	My school cares about how all students are feeling.	4.5	Dinner ladies could care more. Encourage more use of the worry boxes. Always help us when something is wrong. It is anonymous	CPD for SMSA's. Staff and Ambassadors to promote use of worry boxes.	4.6	The school pays attention to all the pupils. I don't like speaking to adults or parents.	Wellbeing Ambassadors are available to talk to pupils.
	I would feel comfortable talking about how I'm feeling.	3.8	Private rooms available.	Areas and resources in school made available.	3.8	I don't really feel comfortable talking to people I don't know.	Staff in school build relationships with the children based on trust and respect.

			Sensible staff to talk to. They don't spread it, I am building up my confidence.	Opportunity to work on self-esteem and confidence.			
	My teachers know when I am feeling worried or unhappy.	4.1	They can tell by my expression and talk to me in private. I don't like to worry people.	Continued CPD for staff. PHSE for children.	4.3	They can see me. There are lots of people to ask and talk to.	There is always someone available to speak to a pupil if needed.
	I am able to get help at school if I am worried or unhappy.	4.2	We have a wellbeing team. Wellbeing Ambassadors are everywhere. We have multiple teachers to talk.	Continued support for the children from their peers.	4.2	There is people you can talk to if you're worried or feeling a bit unhappy or even angry. This is very true because there is everyone here to help even though I'm shy with people I do not know	Wellbeing Champion, Wellbeing Ambassadors and Wellbeing Team are available and visible around school.
	My school cares about what I think and listens to what I have to say.	4.5	I don't like to interrupt.		4.6	All of the teachers are caring.	We strive to create a nurturing, supportive environment for our pupils, their families and our staff.

Parents/ Carers	I know about the wellbeing award for schools.	4.0	More text reminders and through social media.	Information is added to the website, social media and school newsletter	4.0	Just an idea... Children could maybe have an emotion checker chart in school so that each child could tick how he/she is feeling each day, This would give clear indication when further emotional support is required.	We will ensure that each class has something in place for their classes. Staff continue to monitor the wellbeing of the pupils in their classes and all pupils around school.
	I understand that my child needs to feel happy and secure at school to do well.	4.8	I would like support for children who are gifted.		4.6	My child seems to be very well supported at St Mary's so far which is lovely to know. The school and staff are amazing as they are, and give 100% into making sure not only the children feel safe and happy but parents too.	Staff continue to monitor the wellbeing of the pupils in their classes and all pupils around school. We will continue to improve our wellbeing provision in school.
	I know who to talk to if someone at the school is worried or unhappy.	4.3	No clear direction of who to go to if there is a problem. Maybe for information to be shared on the website.	The website has the wellbeing page with information regarding support available in school. There are also links and signposting to outside agencies	4.3	We as parents need to know where to go and who to ask about our children's mental wellbeing	We will continue to raise awareness of our wellbeing provision in school and how we can support pupils and their families.

	Everyone at the school supports each other if they are feeling worried or unhappy.	4.3	Parents/ Carers to be given information on who to contact.	School website and social media. Parents are always welcome to visit or contact the office. Parents will be signposted to the appropriate staff member.	4.3	I know that I can speak to my child's teacher if any issues was to occur, I like that school provide a dairy for each child as it provides a good way of communication between parents and teachers, I have found it to be very useful.	Communication between parents/carers is encouraged. We work on building positive relationships with stakeholders.
	The school really cares that everyone has good emotional wellbeing and mental health.	4.5	Parents/ Carers drop in's need to be arranged.	Parent workshops and drop ins were planned. Unfortunately, due to Covid, these were unable to take place.	4.3	Communication is very good with all staff members and parents. That I've experienced myself and seen with others.	Communication between parents/carers is encouraged. We work on building positive relationships with stakeholders.
	It is clear that good emotional wellbeing and mental health is important to the school.	4.5	School could do more than the minimum requirement.	The wellbeing of our pupils and families is a priority in school. We want our families to be happy and to feel comfortable approaching staff. We welcome any suggestions on how we can further enhance our	4.4	There's lots of support posters, plus the staff are very good with communication and support. My child's teacher contacted me by phone to let me know how she is settling; I was really grateful for this.	The positive comments reinforce that we are providing the support needed. However, we are determined to continue to improve our wellbeing provision in school.

				wellbeing provision.		My kids know they can talk to teachers without feeling that they may be laughed at. They have already expressed that emotional well-being and mental health is very important and if any families need any support or have any concerns that they can speak to the school if needed. Staff where really understanding when I explained that I feel it is important that the right SEN support is given to prevent any problems with low self-esteem.	All problems are treated with respect. We continue to ensure that wellbeing and mental health is a focus in our school. Parents are encouraged to share concerns, ideas and help us to understand what support is needed.
	The school encourages parents to talk about how they and their children are feeling.	4.2	Never heard the school mention this to parents or children. We would like weekly meetings about our children	The school website, social media and newsletter shares information regarding the wellbeing provision in school. Our pupils are	4.3	Although my child is a new starter I feel that if any problem was raised then her teacher would do her best to resolve the issue. Teachers are also parents, and know	All new starters have a wellbeing check three weeks after admission.

				extremely aware of wellbeing in school.		struggles parents can face. Staff have good communication, very friendly, happy and welcoming.	
	I am happy to talk to the school about my feelings.	4.3	The school website, social media and newsletter shares information regarding the wellbeing provision in school. Our pupils are extremely aware of wellbeing in school.	The school has a strong vision and ethos which is shared by all staff. Staff have worked hard to build relationships with the children and families and care about their wellbeing.	4.2	They are welcoming and friendly which is really good because it makes it easy to speak to staff I'm about anything that's needed to be talked about.	Staff are approachable and build relationships with pupils and their families.
	I am happy to talk to the school about my child's feelings.	4.6	I don't know who to approach.	The school website, social media and newsletter have had information regarding roles in school connected to wellbeing	4.4	Happy so far with the school staff. Keep being welcoming and friendly and parents/families will continue to be at ease when able to speak about anything they need to. I believe that communication from myself about my child is really important to enable staff to offer the	Staff will continue to support children and pupils and families.

						right support when needed.	
	I feel involved with the school's plans for emotional wellbeing and mental health.	4.1	The school's engagement with me as a parent is minimal.	SLT and site team are at the front of school every morning and afternoon to greet children and families. Parents are welcome to come to the main office to inform school of any worries or concerns.	4.2	We need to know more about school plan for emotional and mental health and get parents to know their roles in that regard. My daughter has been enjoying completing some activities in her wellbeing booklet from school, Thank you. They've shown everything they do already to support the children that attend the school and they keep parents involved/ in the know with everything which is good.	The school website, Twitter and Facebook page and newsletter provide information regarding wellbeing in school. A parent workshop was held on 05/12/22 regarding PHSE and wellbeing in school. Staff continue to communicate with parents and families.

Repeat wellbeing survey every term to review progress and monitor stakeholder opinions.

