

EYFS PSHE - DREAMS AND GOALS

STICKY KNOWLEDGE ABOUT DREAMS AND GOALS	SOCIAL AND EMOTIONAL SKILLS	KEY VOCABULARY	
● Know what a challenge is ● Know that it is important to keep trying ● Know what a goal is ● Know how to set goals and work towards them ● Know which words are kind ● Know some jobs that they might like to do when they are older ● Know what they must work hard now in order to be able to achieve the job they want when they are older ● Know when they have achieved a goal	● Understand that challenges can be difficult ● Recognise some of the feelings linked to perseverance ● Talk about a time that they kept on trying and achieved a goal ● Be ambitious ● Resilience ● Recognise how kind words can encourage people ● Feel proud ● Celebrate success	Dream	to imagine something that you would like to happen
		Goal	an aim or purpose
		Challenge	something that needs great mental or physicaleffort in order to be done successfully and therefore tests a person's ability
		Job	the regular work that a person does to earn money
		Ambition	a strong wish to achieve something
		Perseverance	continued effort to do or achieve something, even when this is difficult or takes a long time
		Achievement	something very good and difficult that you have succeeded in doing
		Happy	feeling, showing, or causing pleasure or satisfaction
		Kind	generous, helpful, and thinking about other people's feelings
	QUESTIONS FOR FAMILY LEARNING ● What is a challenge? ● How does it feel when you think you can't do something? ● What job would you like to have when you are older? ● What goals have you set? ● Why is it important to keep on trying? ● Tell me about a time when something was hard but you kept on trying? ● How do you like to celebrate when you achieve something? ● How can we celebrate together? ● How does Jigsaw Jenie help you in lessons? ● Can you tell me about Calm Me time?		