



Wellbeing Award for Schools (WAS)

Vision

The wellbeing of all members of St Mary's CEP School (including staff, pupils, parents and Governors) is fundamental to our Christian values and ethos of valuing everyone, caring for each other and providing a safe, nurturing environment. At St Mary's, we work together as a school community, with staff, pupils and parents, in a supportive, stimulating and challenging environment to maximise opportunities and achievements for all. We focus on changing the long-term culture of our school and embedding an ethos where wellbeing and mental health is the responsibility of all.

Strategy overview October 2024 to June 2025

Stakeholder group	Question	Baseline score	You said...	We did...	Review score	You said...	We did.....
Pupils	I know about the wellbeing award.	4.2	We need more Ambassadors in school. An assembly about the Wellbeing Award.	We are in the process of appointing additional Wellbeing Ambassadors in YR5. The Wellbeing Ambassadors are preparing an assembly for all	4.2	We could have assemblies on it and a more explained lesson on it so we can make sure that we all are showing wellbeing to ourselves and others around us too. They go to the well-being ambassadors	The Wellbeing Team are in the process of organising an assembly about wellbeing for after half term. Pupils do not have to wait for the Worry Box to be

				children in school about the award, their role and the importance of wellbeing.		and tell them instead of putting it in the worry box	emptied to speak to a Wellbeing Ambassador. They can ask the Wellbeing Lead, a member of staff or a Wellbeing Ambassador for a conversation.
	We learn to talk about feelings and emotions	4.4	We need to do a lesson in PHSE so we know when someone is feeling down. If we could have a sign to show we need to talk. Can we do more weeks and activities about it.	Class teachers use the Jigsaw scheme throughout school. Children are encouraged to ask for advice if they would like to support their peers. This is something the Wellbeing Team will discuss. We have our Children's Mental Health Week coming up, we have had a lunchtime Mindfulness Club and also the Mindfulness Club after school. We will look at adding more Clubs.	4.5	Because in PHSE we talk about feelings, thoughts and emotions. We learn a lot about maths and English, but not a lot about our feelings. We have wellbeing teacher we have Mrs Ash and any one you trust you can tell them	School use the Jigsaw programme to teach PHSE in school. We encourage pupils to talk about emotions and how they feel. If it comes to our attention that a pupil is finding understanding emotions a challenge, they can be referred for wellbeing sessions to support them with their understanding.

	I can make a difference if someone feels worried or unhappy.	4.3	Instead of just telling us to help children, they can teach us to help in more ways than just asking them if they want to play with us. There should be a club for anyone who is lonely or new, so they can get to know others. Someone in my class has been upset and even though I'm not a Wellbeing Ambassador, I made them happy.	The Playground Ambassador scheme will be implemented this term. This is an excellent suggestion. Our Wellbeing Team and Ambassadors will discuss this further. Wellbeing is part of the culture in our school. More children are finding the confidence to support their peers.	4.1	If more people let others play with them on the playground We had more time to sort out worries to make a more advanced system so that people can communicate more with us It could be good if we had a worry bench.	Playground Ambassadors will be trained after half term to support their peers on the playground. There is always room for improvement. This is why we have team meetings and ask for surveys to be completed. We want to know your ideas. We held a fundraising non uniform day and our generous families, staff and Governors have raised money for two benches and have had an additional two benches donated.
	My school cares about how I am feeling.	4.4	Can teachers talk to us in private so others don't know. We could have lessons based on how to let your	Any concerns or suggestions highlighted in these responses are shared with staff in school. Staff will be asked to ensure that conversations are discreet. Jigsaw scheme is used throughout school. Pupils can	4.5	My school really cares about me because if you feel upset or worried you have the worry monster and you also have the worry slips. The worry slips are used for if you have a worry you can write it down on there. You can	The wellbeing of pupils in school is priority. Staff in school understand that if a pupil is unhappy, distressed or angry, they will not be in the right headspace to learn. It is important for our pupils to feel safe and comfortable in school and able to ask for support if they need it.

			feelings out and calm down.	ask for support through the worry box.		choose to speak to a wellbeing ambassador or you can speak to the schools wellbeing lead. I'm feeling really happy in this school because they care about us and teach us Because they help you and teach you and Care about you even if you are angry about something.	The Wellbeing Lead, Wellbeing Team and Wellbeing Ambassadors are there to offer support, along with all members of staff. We aim to ensure that pupils see school as a safe space to talk about their feelings and emotions.
	My school cares about how all students are feeling.	4.6	We have worry boxes, teachers, Wellbeing Ambassadors and Mrs Ash to help us. If someone is hurt or sad, the teachers help them.	Staff and Ambassadors promote the use of worry boxes and also encourage pupils to discuss how they feel. If staff are approached with an issue and they are unable to address it at that time, they will	4.4	When were a bit down and we really don't know why we have other pupils that our aware of it and they can comfort you and it's not just about speaking to teachers you can speak to a wellbeing ambassadors that you're comfortable	A number of staff are excellent at noticing subtle changes in the moods and behaviour of pupils. This can result in pupils accessing support with their wellbeing. We encourage pupils and parent/carers, to also share any concerns. This can be with any member of staff you feel comfortable talking to.

			They treat every kid the same.	· Speak to the Wellbeing Lead who has a more flexible timetable. All pupils are treated with kindness, respect and are listened to without judgement.		If someone looks upset or are acting a bit different negatively, the staff and teachers will ask them are you ok and help them if needed.	
	I would feel comfortable talking about how I'm feeling.	3.8	Sometimes it is kind of scary. There are lots of staff to support us.	Staff work hard to build relationships with pupils to ensure they feel comfortable to talk. Wellbeing Ambassadors are also available to listen.	4.1	Improvement- If I had more friends. This could be better if I would not feel uncomfortable. I'm brave and I want to be able to have enough confidence to talk to them about my feelings. I feel comfortable talking to some staff but not all of them.	We would love all pupils to be comfortable asking for support and talking about their wellbeing, but understand that this can be uncomfortable for some. This is why we try to offer various ways in which a pupil can ask for help. We will continue to look for ways we can support our pupils in ways that they feel comfortable.
	My teachers know when I am feeling worried or unhappy.	4.1	I use the worry box. They take care of me.	Pupils can speak to the Wellbeing Lead or a Wellbeing Ambassador.	4.1	I sometimes try to be brave. I smile when I'm unhappy.	We want our pupils to feel safe, secure and happy. We encourage all pupils to find a way to express any worries. Talk to any adult you feel

			When I am sad, some notice and some don't.	Continued CPD for staff			comfortable with. There are also Wellbeing Ambassadors, friends, family and the Wellbeing Lead who can support.
	I am able to get help at school if I am worried or unhappy.	4.4	There is help everywhere. I can go to the Wellbeing room. Sometimes I can, sometimes I can't.	The Wellbeing Lead is available to talk to in the Wellbeing room every lunchtime and afternoon.	4.3	I know that teachers will help us because that is what they are here for. There is a worry box in every classroom which is dealt with weekly. If students feel worried, the wellbeing ambassadors will help them.	We continue to offer support to pupils through our wellbeing provision in school. This is embedded in school, but we are also aware that we can continue to improve the support offered by listening to our stakeholders.
	My school cares about what I think and listens to what I have to say.	4.6	They always listen to me. I don't like dinner time and if I said this, nothing would change.	St Mary's is committed to provide a nurturing environment for our pupils, families and staff. Since the survey, Mr Powell has made extensive changes to the dinner time schedule to support the	4.1	They let us take our time if we forget our words. They know our feelings and we tell them about our feelings and help us.	We realise that pupils need to trust others before they will talk about their wellbeing. Therefore, it is important to take time to get to know pupils, be patient and most importantly, listen to what they have to say.

				improvement of noise levels and behaviour.			
Parents/ Carers	I know about the wellbeing award for schools.	3.9	St Mary's have been awarded it in the past and they deserve to regain this award. I read about it. First time I have been aware of this.	We are so pleased that the work done in school as part of our daily routine ensures that families feel that their child is supported. Information continues to be sent out by text, X and the Newsletter. We are aware that we have a number of pupils new to school who may not be aware of our wellbeing provision. We will continue to improve how we share information regarding wellbeing. This is work in progress.	3.8	You could make a meeting explaining wellbeing to parents who don't understand. Because the award logo is printed on letters from school and staff provide information about it to all parents/ Carers. More information and communication is provided.	A parent workshop is held every year to inform parent/carers about PHSE and Wellbeing in school. If parent cannot attend the workshop, there is an option to arrange a visit with the Wellbeing Lead for more information. Updates regarding wellbeing are on the school website, X and also on the school newsletter. The Wellbeing Team and Wellbeing Ambassadors are currently looking at expanding the wellbeing section on the website.
	I understand that my child	4.7	Being happy will encourage children	If a child is upset for any reason,	4.9	One to one attention was provided for	School endeavour to provide support for pupils

	needs to feel happy and secure at school to do well.		to want to learn and thrive in their classrooms. School should provide a safe place for all kids. The happier, the more willingness/confidence to learn.	they will not be able to focus on their learning. We will ensure that issues or problems are addressed. Our aim is for pupils to feel secure, confident and happy to be in school		children that require that extra attention. I have 2 children that don't particularly want to attend school, so having them helped to feel better at school is important A happy child learns more and enjoys being in school.	who need it. This can be through interventions for wellbeing, Beanstalk readers and specialist outside agencies if required. If parents find that their child/children are finding coming to school challenging, we encourage parents to speak to our Attendance Lead, who will work with parents and families to address any issues. We want our pupils to remember school as a positive, nurturing experience.
	I know who to talk to if someone at the school is worried or unhappy.	4.6	Parents could perhaps be given an email address for the Wellbeing Lead Team to enable any concerns to be communicated directly. Parents are informed regularly through newsletters.	There is an email for the Wellbeing Lead which is sent out on the newsletter and is on the school website.	4.6	My child tells me they can talk to teachers, wellbeing ambassadors and Mrs Ash. Other parents talk about how they have been helped by talking.	Parents are encouraged to approach school if they require support for their child/children or themselves. If it is an issue we cannot support with, parents can be signposted to the appropriate support.

	Everyone at the school supports each other if they are feeling worried or unhappy.	4.3	Staff are willing to listen to parents and children if there are any worries or concerns.	The school continues to promote a positive, nurturing environment for our pupils and stakeholders	4.2	I think it's amazing how there are students in the school who other pupils can go to for advice.	The Wellbeing Ambassadors are a group of pupils who promote wellbeing in school by supporting their peers with their own wellbeing and modelling kindness, empathy and understanding. This role will continue to be developed.
	The school really cares that everyone has good emotional wellbeing and mental health.	4.5	My child feels satisfied. There are concerns around the effect of homework on pupil's wellbeing.	Concerns expressed by pupils and stakeholders are fed back to SLT.	4.5	My child feels loved and safe in school. There is a Wellbeing lead within school who is always willing to talk to my child about any worries or concerns. My Child also has been given a worry worm to help with emotional regulation due to SEN needs, As a parent of St Mary's c.e primary school it feels like a privilege knowing that this support is available because not all schools are willing to	This is the environment we strive to provide for our pupils. The Wellbeing Lead is always available to support children in school. The school Worry Worms are extremely popular and well-loved by the children. Parents can also make appointments to access support for themselves. We are proud of the wellbeing support we provide in school. This will continue to improve and be developed.

						offer such a nurturing setting/ provision.	
	It is clear that good emotional wellbeing and mental health is important to the school.	4.5	I spoke to a member of staff about an issue with my child and felt that it was just passed off.	Parents/ Carers are encouraged to approach school about any issues they may have. If it is felt that the problem has not been resolved we would ask that this be communicated to us so that there can be a positive conclusion. We will continue to improve communication between stakeholders and our staff.	4.6	Again some children are forgotten. Yes the school are always encouraging children to speak about what's bothering them or to speak to teachers and work very close with children and parents on this. My child's happiness was given top priority through his settling in period.	If you feel that your child needs support with their wellbeing, please speak to a member of staff. We want all children to have access to the wellbeing support they need. The Wellbeing Lead, Wellbeing Ambassadors, Keyworkers and all staff in school encourage pupils and parents to communicate with us. We have procedures in place to support new starters throughout school. We will continue to develop the process, to ensure pupils' needs are met.
	The school encourages parents to talk about how they and their	4.3	School have an open door policy. It is nice that staff and the Head stand at the gate in the	Staff in school continue to look at ways we can develop our partnership with	4.4	They are encouraged but I feel their problems aren't listened to.	If there has been an occasion when you feel you have put your trust in school and haven't been heard or feel judged,

	children are feeling.		morning and at the end of the day.	parents and stakeholders.		Again staff wasn't too quick to judge.	please come back to us. There may be times when we get it wrong, but we want to do better and continue to improve our wellbeing provision.
	I am happy to talk to the school about my feelings.	4.3	They are welcoming and friendly which is really good because it makes it easy to speak to staff I'm about anything that's needed to be talked about.	Staff are approachable and build relationships with pupils and their families.	4.3	I have lost all trust in the school completely. Only certain staff members though. I have expressed some concerns and the school has addressed them.	We would like to earn the trust of our families. Please come and speak to someone in school regarding your concern. Some families have certain members of staff they feel comfortable talking to. This can make it easier to express your concerns, so they can be addressed.

	I am happy to talk to the school about my child's feelings.	4.5	I have previously done so. I feel that communication about my child's feelings is really important so that the right support can be given.	We will continue to support pupils and their families to the best of our abilities.	4.7	It wouldn't matter anyway as I don't trust school. Again certain staff members. If my child needs help I would definitely speak to someone at school.	We will continue to improve our communication with parents. We all want school to be a positive experience for pupils and their families.
	I feel involved with the school's plans for emotional wellbeing and mental health.	4.0	We need to know more about school plan for emotional and mental health and get parents to know their roles in that regard. My daughter has been enjoying completing some activities in her wellbeing booklet from school, Thank you. They've shown everything they do already to support the children that attend the school and they keep	The school website, Twitter and Facebook page and newsletter provide information regarding wellbeing in school. A parent workshop was held on 05/12/22 regarding PHSE and wellbeing in school. Staff continue to communicate with parents and families.	4.0	Maybe feedback could be given after a few nurture sessions.	After a block of wellbeing sessions, parents, staff and children will be asked to complete a review form and comment on any progress they feel has been made.

			parents involved/ in the know with everything which is good.				
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The wellbeing survey is repeated every term to review progress and monitor stakeholder opinions.